



PE COURSE SYLLABUS 2021-2022

TEACHER CONTACT INFO

TEACHER: COACH BLANE ELLIS

E-MAIL: blane.ellis@boerneisd.net

ROOM NUMBER: G110

DAILY EXPECTATIONS

10 MINUTES DRESS OUT IN ATHLETIC ATTIRE (MINIMUM REQUIREMENT IS ATHLETIC SHOES AND ACTIVE WEAR WITHIN DRESS CODE)

20 MINUTES STRETCH – WALK OR RUN 4 LAPS

40 MINUTES ACTIVITY (GAMES – WEIGHT ROOM – AEROBIC EXERCISE)

20 MINUTES COOL DOWN & PREPARE FOR NEXT CLASS

- 1) BE ON TIME/ATTENDANCE
- 2) DRESS OUT
- 3) PARTICIPATE
- 4) HELP PICK UP AND PUT UP EQUIPMENT
- 5) BE RESPECTFUL TO OTHERS

THINGS TO BRING DAILY

- 1) Active wear
- 2) Tennis shoes
- 3) Water

5 COURSE PILLARS

TRUST SUPPORT COMMUNICATION RESPECT RESPONSIBILITY

DAILY GRADING SYSTEM

DRESS OUT AND PARTICIPATE	100
NO DRESS OUT AND PARTICIPATE	75
DRESS OUT AND NO PARTICIPATION	50
NO DRESS OUT AND NO PARTICIPATION	0
DISREPECTFUL OR NOT FOLLOWING DIRECTIONS	0

*Due to limited space, we will not be issuing any lockers to PE students this year. We do not have enough locker space. We will provide a space for students to secure their belongings while unattended. Weather permitting all PE activities will be conducted outside.